



Don't forget to eat your vegetables!

Sleepy Eye High School Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are offered Daily on the Fruit & Vegetable Bar

April 2019

MONDAY

April Fool's Day

1

French Toast Sticks

Chicken Caesar Wrap
Cravin Craisin Salad

Breakfast Potatoes
Hard Boiled Egg

TUESDAY

2

Grilled Cheese Sandwich
Chicken Noodle Soup

Ham Deli Sandwich
7 Layer Salad

Warm Cinnamon Apples

WEDNESDAY

3

Tater Tot Hotdish
French Bread

Yogurt Pak with Bagel
Fruited Spinach Salad

Caesar Salad

THURSDAY

International Carrot Day!

4

Crispy Chicken Tenders
Whole Grain Dinner Roll

Turkey Deli Sub Sandwich
Chicken Caesar Salad

Glazed Carrots

FRIDAY

5

Classic Cheeseburger Basket

Honey Mustard Ham Wrap
Crispy Chicken Salad

Golden French Fries

8

Cheesy Italian Flatbread

WG Chips, Salsa & Cheese
Cubes
Beef Taco Salad

Garden Salad

9

Lasagna Rollup with Sauce
Garlic Breadstick

Ham Deli Sub Sandwich
Turkey BLT Salad

Roasted Broccoli

10

Build Your Own Baked Potato
with Many Fixings!
French Bread

Crispy Chicken Wrap
Chef Salad

Baked Beans

11

Beefy Nachos & Homemade
Cheese Sauce

Turkey Cranberry Wrap
Southwest Chicken Salad

Refried Beans

12

Pasta with Meat Sauce
Garlic Breadstick

Yogurt Pak with Bagel
Buffalo Chicken Salad

Green Peas

15

Hot Ham, Cheese & Egg Bagel

Turkey BLT Wrap
Harvest Chicken Salad

Tri Tator

HOM: Chives

16

Mac & Cheese Bar
Whole Grain Dinner Roll

Egg Salad Sliders
Cobb Salad

Roasted Broccoli

17

Roasted Hot Dog on a Bun

Pretzel Bites w/Cheese Cubes
Chef Salad

Buttered Rice

18

No School

19

No School

22

No School

23

Chicken Fajitas

Yogurt Pak with Bagel
Asian Chicken Salad

Mexican Brown Rice

24

Pigs in a Blanket Day

Pigs in a Blanket

Turkey Munchable
Fruited Spinach Salad

Baked Beans

25

Popcorn Chicken
Buttered Noodles

Ham Deli Sandwich
7 Layer Salad

Green Peas

26

Pizza Parlor Pizza

Honey Mustard Ham Wrap
Crispy Chicken Salad

Roasted Broccoli

29

Crispy Chicken Nuggets

WG Chips, Salsa & Cheese
Cubes
Chicken Caesar Salad

Baked Beans
Bread Slice

30

Roast Pork & Gravy
Whole Grain Dinner Roll

Ham Deli Sub Sandwich
Turkey BLT Salad

Mashed Potatoes
Bread Slice

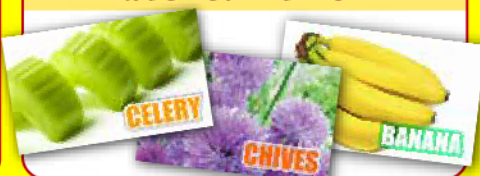
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PRICES

Regular	\$2.65
Reduced	\$0.00
Adult	\$4.00
Extra Milk	\$0.45
Extra Entree	\$2.00

HARVEST OF THE MONTH



EXTRA INFO

Milk choice of 1% White, Skim or Chocolate Skim is included with lunch. Entree Salads are served with Dinner Roll. For questions, contact Abby Grove at: taher@sleepyeye.mntm.org or call 507-794-7903 ext 1421

