



Don't forget to eat your vegetables!

# Sleepy Eye Elementary School Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

January 2019

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

Choose **MyPlate.gov**

**7**

Pancakes  
Strawberry Topping

WG Chips, Salsa & Cheese Cubes  
Hard Boiled Egg  
Breakfast Potatoes

**8**

Crispy Chicken Tenders  
Whole Grain Dinner Roll

Turkey Deli Sub Sandwich  
Mashed Potatoes

**9**

Toasted Cheese Sandwich  
Tomato Soup

Turkey Ranch Wrap

**10**

French Bread Pizza

Turkey Cranberry Wrap  
Roasted Cauliflower

**4**

Cheese Pizza

Honey Mustard Ham Wrap  
Chocolate Chip Cookie

**14**

Cheesy Italian Flatbread

Turkey BLT Wrap  
Caesar Salad

**15**

Crispy Chicken Sandwich Basket

Egg Salad Sliders  
Golden French Fries  
Pickle Slice

**16**

Roast Turkey & Gravy

Pretzel w/ Cheese Cubes  
Mashed Potatoes  
Whole Grain Dinner Roll

**17**

Beefy Nachos with Cheese

Turkey Deli Sandwich  
Refried Beans

**18**

Meatloaf

Yogurt Pak with Pretzel Bites  
Garlic Breadstick  
Chocolate Chip Cookie

**21**

**22**

Soft Beef Tacos

Ham Munchable  
Black Beans

**23**

BBQ Meatball Sub

Pizza Munchable  
Garlic & Herb Broccoli  
Mini Rice Krispie Treat

**24**

Chicken Nugget Basket

Turkey Deli Sub Sandwich  
Golden French Fries  
Whole Grain Dinner Roll  
Pickle Slice

**25**

Roasted Hot Dog on a Bun

Honey Mustard Ham Wrap  
Seasoned Ranch Wedges

**28**

BBQ Rib Sandwich

WG Chips, Salsa & Cheese Cubes  
Kettle Potato Chips  
Green Peas

**29**

Lasagna Rollup with Sauce  
Garlic Toast

Ham Deli Sub Sandwich  
Caesar Salad

**30**

Walking Taco  
Lettuce, Tomato, Cheese

Chicken Salad Sliders  
Spicy Pinto Beans

**31**

Oven Roasted Chicken  
French Bread

Turkey Cranberry Wrap  
Homemade Brownie

**Prices**

Regular	\$2.55
Reduced	\$0.00
Adult	\$4.00
Extra Milk	\$0.45
Extra Entree	\$2.00

**HARVEST OF THE MONTH**

ONIONS  
GRAPEFRUIT  
BASIL

**EXTRA INFO**

Milk Choice of 1% White, Skim or Chocolate Skim is included with lunch.  
Entree Salads are served with Dinner Roll  
For questions contact Abby Grove at:  
taher@sleepyeye.mntm.org  
or call 507-794-7903 ext 1421

