



Don't forget to eat your vegetables!

Sleepy Eye Schools Breakfast Menu

January 2019

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



7

Ham & Cheese on a Bagel

Choice of Cereal
Graham Crackers

Vegetable Selection
Canned Fruit
1% Milk

8

Breakfast Pizza

Choice of Cereal
Graham Crackers

Vegetable Selection
Apple Juice
1% Milk

9

Coffee Cake

Choice of Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
1% Milk

10

Sausage & Cheese Biscuit

Choice of Cereal
Graham Crackers

Vegetable Selection
Orange Juice
1% Milk

11

Pancake on a Stick

Choice of Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
1% Milk

14

Mini Pancakes

Choice of Cereal
Graham Crackers

Vegetable Selection
Canned Fruit
1% Milk

15

Breakfast Burrito

Choice of Cereal
Graham Crackers

Vegetable Selection
Apple Juice
1% Milk

16

Breakfast Pizza

Choice of Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
1% Milk

17

Cinnamon Roll

Choice of Cereal
Graham Crackers

Vegetable Selection
Orange Juice
1% Milk

18

Yogurt Parfait with Fruit & Granola

Choice of Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
1% Milk

21

22

Biscuits & Gravy

Choice of Cereal
Graham Crackers

Vegetable Selection
Apple Juice
1% Milk

23

Long John

Choice of Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
1% Milk

24

Blueberry Loaf
Cheese Stick

Choice of Cereal
Graham Crackers

Vegetable Selection
Orange Juice
1% Milk

25

Mini Eggo Waffles

Choice of Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
1% Milk

28

Breakfast Pizza

Choice of Cereal
Graham Crackers

Vegetable Selection
Canned Fruit
1% Milk

29

Banana Chocolate Loaf
Cheese Stick

Choice of Cereal
Graham Crackers

Vegetable Selection
Apple Juice
1% Milk

30

Pancake on a Stick

Choice of Cereal
Graham Crackers

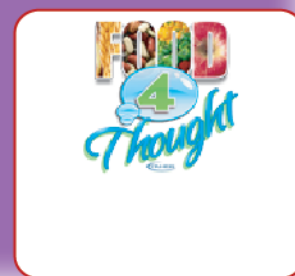
Vegetable Selection
Fresh Fruit
1% Milk

31

Mini-Cinnis

Choice of Cereal
Graham Crackers

Vegetable Selection
Orange Juice
1% Milk



Prices

Regular	\$0.00
Reduced	\$0.00
Adult	\$1.85
Extra Milk	\$0.45
Extra Entree	\$1.00



EXTRA INFO

Milk Choice of 1% White, Skim or Chocolate Skim is included with lunch.
 Entree Salads are served with Dinner Roll.
 For questions, contact Abby Grove at:
 taheer@sleepyeye.mntm.org
 or call 507-794-7903 ext 1421

