



Don't forget to eat your vegetables!

# Sleepy Eye High School Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

December 2018

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

**3**

French Toast Sticks  
Sausage Patty

Ham Deli Sandwich  
Buffalo Chicken Wrap Basket  
Breakfast Potatoes

**4**

Soft Beef Tacos  
Lettuce, Tomato, Cheese

Egg Salad Sandwich  
BBQ Rib Basket  
Black Beans

**HOM Persimmon 5**

Ravioli with Meat Sauce

Turkey Deli Sub Sandwich  
Italian Turkey Panini Basket  
French Bread  
Green Beans

**6**

Crispy Chicken Nugget Basket  
Whole Grain Dinner Roll

Chef Salad  
All American Burger Basket  
Golden French Fries

**7**

Hot Ham & Cheese Flatbread

Honey Mustard Ham Wrap  
Yogurt Pak with Bagel  
Garlic & Herb Broccoli

**10**

Popcorn Chicken w/ Sauces  
with a Side of Rice

Turkey Deli Sandwich  
Tex Mex Bowl  
Green Peas

**Have a Bagel Day 11**

Pizza Parlor Pizza

Chicken Caesar Salad  
Buffalo Chicken Fajita Wrap  
Basket  
Roasted Broccoli

**12**

Roasted Hot Dog on a Bun

Pizza Munchable  
Cheese Pizza Slice  
Mexican Street Corn

**HOM Sage 13**

Oven Roasted Chicken  
French Bread

Ham & Cheese Sub Sandwich  
Italian Meatball Sub  
Sage Parmesan Pasta

**14**

Lasagna Rollup with Sauce  
Garlic Toast

Turkey BLT Wrap  
Chicken Patty Basket  
Caesar Salad  
Chocolate Chip Cookie

**Maple Syrup Day 17**

Salisbury Steak

Ham Deli Sub Sandwich  
Golden Corn Dog Basket  
Mashed Potatoes  
Gravy

**18**

Pancakes  
Sausage Patty

Crispy Chicken Salad  
Chicken Quesadilla Basket  
Breakfast Potatoes

**19**

Chicken Tender Basket  
French Bread

Turkey Deli Sub Sandwich  
Pulled Pork Sandwich Basket  
Dill Seasoned Potato Wedges

**HOM Cabbage 20**

Walking Taco  
Lettuce, Tomato, Cheese

Chef Salad  
Spicy Chicken Patty Basket  
Corn

**21**

Cheesy Italian Flatbread

Yogurt Pak with Pretzel Bites  
Broccoli Salad

**24**

**25**

**26**

**27**

**28**

**31**

**1**

**1**

Regular	\$2.65
Tier 3	\$2.85
Adult	\$4.00
Extra Milk	\$0.45
Extra Entree	\$2.00

**HARVEST OF THE MONTH**

**EXTRA INFO**

Milk Choice of 1% White, Skim or Chocolate Skim is included with lunch.  
Entree Salads are served with Dinner Roll.  
For questions, contact Abby Grove at:  
taher@sleepyeye.mntm.org  
or call 507-794-7903 ext 1421