



Don't forget to eat your vegetables!

Sleepy Eye Schools Breakfast Menu

December 2018

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3

Mini Pancakes

Choice of Cereal
Graham Crackers

Vegetable Selection
Orange Juice
1% Milk

4

Sausage & Cheese Biscuit

Choice of Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
1% Milk

5

Breakfast Pizza

Choice of Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
1% Milk

6

Cinnamon Roll

Choice of Cereal
Graham Crackers

Vegetable Selection
Orange Juice
1% Milk

7

Cheesy Ham Melt

Choice of Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
1% Milk

10

Brekkie

Choice of Cereal
Graham Crackers

Vegetable Selection
Canned Fruit
1% Milk

11

Biscuits & Gravy

Choice of Cereal
Graham Crackers

Vegetable Selection
Apple Juice
1% Milk

12

Long John

Choice of Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
1% Milk

13

Breakfast Pizza

Choice of Cereal
Graham Crackers

Vegetable Selection
Orange Juice
1% Milk

14

Banana Chocolate Loaf

Choice of Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
1% Milk

17

Mini Pancakes

Choice of Cereal
Graham Crackers

Vegetable Selection
Canned Fruit
1% Milk

18

Sausage & Cheese Biscuit

Choice of Cereal
Graham Crackers

Vegetable Selection
Apple Juice
1% Milk

19

Breakfast Pizza

Choice of Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
1% Milk

20

Cinnamon Roll

Choice of Cereal
Graham Crackers

Vegetable Selection
Orange Juice
1% Milk

21

Cheesy Ham Melt

Choice of Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
1% Milk

24

25

26

27

28

31

1

2

Choose **MyPlate**.gov

Regular	\$0.00
Reduced	\$0.00
Adult	\$1.85
Extra Milk	\$0.45
Extra Entree	\$1.00

HARVEST OF THE MONTH

CABBAGE **PERSIMMON** **SAGE**

EXTRA INFO

Milk Choice of 1% White, Skim or Chocolate Skim is included with lunch.
 Entree Salads are served with Dinner Roll.
 For questions, contact Abby Grove at:
 taher@sleepyeye.mntm.org
 or call 507-794-7903 ext 1421